## AMENDMENTS TO THE CLAIMS

- 1. (Original) A molded sheet containing at least an oxidizable metal, a moisture retaining agent, and a fibrous material and having a content of components other than the fibrous material of 50% by weight or higher, a thickness of 0.08 to 1.2 mm, and a breaking length of 100 to 4000 m.
- 2. (Original) The molded sheet according to claim 1, wherein the breaking length is 200 to 4000 m.
- 3. (Original) The molded sheet according to claim 1, wherein the fibrous material has a CSF of 600 ml or less.
- 4. (Original) A heat generating sheet comprising the molded sheet of claim 1, the molded sheet being impregnated with an electrolyte solution.
- 5. (Original) The heat generating sheet according to claim 4, which is made up of a stack of at least two of the molded sheets.
- 6. (Original) The heat generating sheet according to claim 4, which is covered with a cover layer having oxygen permeability.
- 7. (Previously Presented) A method of producing a molded sheet comprising the steps of forming a wet web by a papermaking process using a raw material composition containing at least an oxidizable metal, a moisture retaining agent, and a fibrous material, dewatering the

wet web, and drying the wet web, wherein said molded sheet has a content of components other than the fibrous material of 50% by weight or higher, a thickness of 0.08 to 1.2 mm, and a breaking length of 100 to 4000 m.

8. (Original) A method of producing a heat generating sheet including the step of impregnating a molded sheet with a solution of an electrolyte, the molded sheet being the molded sheet produced by the method according to claim 7.

## 9. - 10. (Canceled)

- 11. (Previously Presented) The method of producing a molded sheet according to claim 7, wherein the fibrous material has a CSF of 600 ml or lower.
- 12. (Previously Presented) The method of producing a heat generating sheet according to claim 8, wherein the step of impregnating with a solution of an electrolyte is preceded or followed by the step of stacking two or more of the molded sheets.
- 13. (Currently Amended) A molded sheet containing at least an oxidizable metal, a moisture retaining agent, and a fibrous material and having a content of components other than the fibrous material of 50% by weight or higher, a thickness of 0.08 to 1.2 mm, and a breaking length of 100 to 4000 m, wherein said molded sheet is free of electrolytes and wherein said molded sheet is dried by heating.

- 14. (Previously Presented) The molded sheet according to claim 13, wherein the breaking length is 200 to 4000 m.
- 15. (Previously Presented) The molded sheet according to claim 13, wherein the fibrous material has a CSF of 600 ml or less.
- 16. (Previously Presented) A heat generating sheet comprising the molded sheet of claim 13, the molded sheet being impregnated with an electrolyte solution.
- 17. (Previously Presented) The heat generating sheet according to claim 16, which is made up of a stack of at least two of the molded sheets.
- 18. (Previously Presented) The heat generating sheet according to claim 16, which is covered with a cover layer having oxygen permeability.
- 19. (Currently Amended) A method of producing a molded sheet comprising the steps of forming a wet web by a papermaking process using a raw material composition containing at least an oxidizable metal, a moisture retaining agent, and a fibrous material, wherein said molded sheet is free from electrolytes, dewatering the wet web, and drying the wet web, wherein said molded sheet has a content of components other than the fibrous material of 50% by weight or higher, a thickness of 0.08 to 1.2 mm, and a breaking length of 100 to 4000 m.

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20. (Previously Presented) A method of producing a heat generating sheet including the step of impregnating a molded sheet with a solution of an electrolyte, the molded sheet being the molded sheet produced by the method according to claim 19.

21. - 24. (Canceled)

25. (New) The molded sheet according to claim 1, wherein the breaking length is 100 to 1555 m.